I claim:

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- 1. A method for optimizing the flexibility of each golf club shaft in a set of golf clubs, wherein the method comprises the steps of:
- (i) determining the relative swing speed of the golfer for which the golf club shafts will be optimized; and
 - (ii) selecting the appropriate category of golf club shafts from a plurality of categories, wherein the range of shaft flexibility exhibited by a category of golf club shafts optimized for golfers with relatively high swing speeds is greater than the range of flexibility exhibited by a category of golf club shafts optimized for golfers with relatively lower swing speeds.
 - 2. The method according to claim 1, wherein the variability in range of shaft flexibility among said plurality of categories is irregular.
 - 3. The method according to claim 1, wherein the variability in range of shaft flexibility among said plurality of categories is consistent.
- 15 4. The method according to claim 1, wherein the variance in shaft flexibility exhibited by the plurality of shafts that comprise each category is irregular.
 - 5. The method according to claim 1, wherein the variance in shaft flexibility exhibited by the plurality of shafts that comprise each category is consistent.
- 6. A method for optimizing the flexibility of each golf club shaft in a set of golf clubs,
 wherein the method comprises the steps of:
 - (i) determining the relative skill level of the golfer for which the golf club shafts will be optimized; and

- (ii) selecting the appropriate category of golf club shafts from a plurality of categories, wherein the range of shaft flexibility exhibited by a category of golf club shafts optimized for golfers of relatively high skill levels is greater than the range of flexibility exhibited by a category of golf club shafts optimized for golfers of relatively lower skill levels.
- 7. The method according to claim 6, wherein the variability in range of shaft flexibility among said plurality of categories is irregular.

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- 8. The method according to claim 6, wherein the variability in range of shaft flexibility among said plurality of categories is consistent.
- 10 9. The method according to claim 6, wherein the variance in shaft flexibility exhibited by the plurality of shafts that comprise each category is irregular.
 - 10. The method according to claim 6, wherein the variance in shaft flexibility exhibited by the plurality of shafts that comprise each category is consistent.
 - 11. A set of golf clubs comprising a plurality of golf club shafts, wherein the flexibility of the plurality of golf club shafts is optimized in accordance with claim 1.
 - 12. A set of golf clubs comprising a plurality of golf club shafts, wherein the flexibility of the plurality of golf club shafts is optimized in accordance with claim 6.

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